



**QUICK AND EASY
CHICKEN NOODLE SOUP
FOR THOSE BUSY NIGHTS**
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GRAND PARADE
OCCUPIERS MAKE GOOD
ON PROMISE** {page 3}



**SCORE!
HERD BEATS
FOREURS FOR
A 3RD TIME** {page 20}



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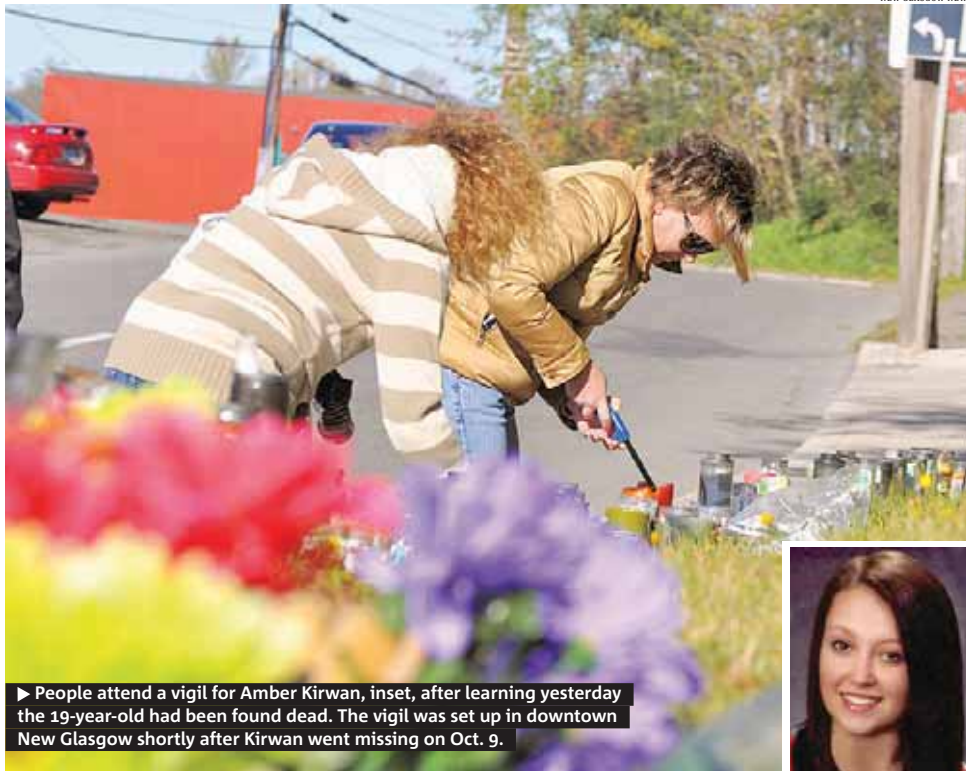
Monday, November 7, 2011
www.metronews.ca



News worth sharing.

Sad end to Kirwan case

► Police are calling the death of the 19-year-old a homicide ► There are no suspects yet ► The Kirwan family thanks the people of New Glasgow and Pictou County, as well as police and search teams, in statement



NEW GLASGOW NEWS



**JENNIFER
TAPLIN**
@METRONEWS.CA

A discovery on the weekend brought a tragic close to the missing-person case of 19-year-old Amber Kirwan.

Police found human remains in Heathbell, Pictou County, on Saturday and confirmed yesterday they belonged to Kirwan. The young nursing student went missing Oct. 9 after leaving Dooley's in New Glasgow.

Police are not confirming how she perished, but they say her death is considered a homicide.

An autopsy will be performed sometime this week.

"It is with overwhelming sadness and grief that our worst fears were realized (Saturday)," Kirwan's family wrote in a public statement. "Our beloved Amber will not be coming home to us. Words cannot express the sorrow and sense of loss we feel."

Her remains were uncovered in a wooded area on a farm property—the same area where police conducted a two-day search three weeks before.

"There was sufficient grounds

"She was our special girl and we would do anything to bring her back."

STATEMENT FROM AMBER KIRWAN'S FAMILY

to apply to a justice for a search warrant to go onto that property," said Const. Bill Rudolph, RCMP spokesman.

Rudolph said it wasn't any one tip but a culmination of investigative steps that led police to obtain a warrant to search the area.

Kirwan's family said her "needless" death is something they will never get over.

"We cannot imagine life without her. She was so young and it breaks our hearts to think of all of the good things in life she will not get to experience," the statement read.

More coverage, page 2

- New Glasgow mayor says town is "devastated" over Kirwan death.
- Residents descend on downtown vigil.
- Twitter full of condolences.

► People attend a vigil for Amber Kirwan, inset, after learning yesterday the 19-year-old had been found dead. The vigil was set up in downtown New Glasgow shortly after Kirwan went missing on Oct. 9.



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news



The families of workers killed by exposure to asbestos are begging the Quebec government not to finance the revival of an asbestos mine. Scan code for story.

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On the web at metronews.ca



The Canadian equestrian community is mourning Hickstead, a horse that helped rider Eric Lamaze win a pair of Olympic medals. Video at metronews.ca/video

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A community's sorrow after 'bright light' lost

- Dozens bring flowers to vigil in downtown New Glasgow yesterday
- 'Everybody is very heartbroken' about Amber's death: Area resident

NEW GLASGOW NEWS



► Police at the scene close to where the body of Amber Kirwan was found on Saturday.



PHILIP CROUCHER
@METRONEWS.CA

The mayor of New Glasgow says his community is "devastated" and "heartbroken" over news that Amber Kirwan has been found dead.

"We had all hoped and prayed for Amber's safe return," Barrie MacMillan read in a statement over the phone yesterday. "Amber has become Pictou County's daughter and the concern for her has been paramount I would say in the hearts and minds of everyone, each and every

day, since she went missing."

MacMillan met with Amber's parents, Donald and Marjorie Kirwan, about two weeks ago in relation to the missing person's case.

Yesterday he was offering his "deepest sympathies" to them and the rest of Amber's family, not only from himself, but an entire town and region hoping and praying for a different outcome after the 19-year-old went missing in the early morning hours of Oct. 9.

"There is no greater loss than a parent losing a

"We are in mourning as a community and it's a time of great sorrow."

NEW GLASGOW MAYOR BARRIE MACMILLAN

child," he said. "And Pictou County has lost a bright light long before her time."

Brae Stewart, who works at Big Al's Convenience, said town residents have been fearing the worst for weeks relating to Amber's disappearance and this was "the last outcome anyone had wanted."

After being last seen leaving Dooly's pool hall in New Glasgow at 1:30 a.m., police say Amber was heading to Big Al's to meet her boyfriend, Mason Campbell. She never showed up.

Stewart said Amber's disappearance connected so much with area residents of her age and that so many people knew her.

"It's good to have closure, I'm sure, but that's ultimately not the outcome they were hoping for," Stewart said in reference to Amber's parents. "Nobody was hoping for that."

Friends of Kirwan gather at memorial

A wall that the community has gathered at for weeks to hope and pray for Amber Kirwan's safe return became a place of mourning yesterday.

Friends and members of the community gathered to light candles and shed tears at the memorial site in downtown New Glasgow as word spread the 19-year-old girl has been found dead.

"It's just a sin," said one friend named Alcina. "I can't believe this could happen."

She knew Kirwan for about six years, she said.

"She was the nicest person you'd ever meet. I've known her since her and Mason started dating — before that," she said fighting back tears. "They were the greatest couple ever."

Kerry Jackson went to elementary school with Kirwan and also came to light candles.

"She was sweet and kind," she said. "She'd get along with everybody."

Norma Green only knew Kirwan from shopping at Home Hardware where the girl worked, but when word of her disappearance spread, she volunteered to help pass out posters and every night would light candles at the wall near Dooly's.

"The community's come together with such love and compassion," she said.

That needs to continue in the future as the family and friends grieve, she said.

"Her story needs to be told," she said.

NEW GLASGOW NEWS

Twitter condolences



Amber Kirwan's death saw dozens use

Twitter yesterday to offer condolences.

- @mskyliegillis: Rest in peace Amber Kirwan ♥ You will never be forgotten beautiful angel
- @skylarchloe: Amber Kir-

wan, you're the most beautiful angel to exist...<3

- @caitlyngray1: she was so close to me this whole time, words can't even describe how I feel right now, I can't imagine how the kirwan family feels. rip
- @haleymuise: may our hearts be with you <3 rest in peace Amber Kirwan, and our prayers be with you the Kirwan family.

- @hilmacneill: Thoughts and prayers with the Kirwan family, a sad day in New Glasgow today
- @morganatwater: Rest in peace amber kirwan, a beautiful girl like you, doesnt deserve this, either do your family and friends. Always in my thoughts <3
- @MADDIEBOURQUE: the amount of support being given to the kirwan family is beyond amazing.

- @Gadget443: May peace be with the Kirwan family at this time and justice be swift and well served. R.I.P. Amber, your light burnt out far too soon.
- @AhmedAubaid: Praying for #AmberKirwan and her family, horrible news in Pictou County.
- @brennangillis: Thoughts and prayers with the friends & family of #AmberKirwan.

Foundation

- Although still early, consideration has already begun about possibly starting a missing-children foundation in honour of Amber Kirwan, and holding an event celebrating the 19-year-old's life.

CONSTRUCTION TO BEGIN

Sod turns for new library today

The official groundbreaking for the new downtown Halifax public library takes place this morning.

Mayor Peter Kelly will join Peter MacKay, the defence minister, and John MacDonell, the minister of municipal relations, at the construction site along

Spring Garden Road, next to the DalTech faculty of architecture building. The ceremony starts at 11 a.m.

The \$55-million library is slated to open in 2014. It is funded by all three levels of government.

HRM is contributing \$23.7 million to the project. The municipality is drawing on several sources to come up with the funding, including the sale of adjacent lots owned by HRM.

The province is kicking in \$13 million, and the federal government \$18.3 million. ● METRO

Council to vote on seawall repair

Help may be on the way for the crumbling Northwest Arm seawall.

HRM staff will recommend that Halifax regional council approve a \$611,586 contract to rebuild a portion of the seawall. The first phase of the project will cover a 200-metre section in Sir Sanford Fleming Park, better known as Dingle Beach Cove.

Coun. Linda Mosher petitioned council for emergency funding to repair the wall until more extensive work could be undertaken

Behind the wall

► If the contract is approved, staff expect the work to be finished by May.

because she said it was putting lives at risk.

The entire seawall is about two kilometres long and some parts of the wall in Fleming Park and Horsehoe Island are more than 60 years old. The staff report says changing sea levels and weather conditions are eroding the wall. ● JENNIFER TAPLIN

Hedley heading back to Halifax

Canadian rockers Hedley have announced a date at the Metro Centre on

March 6 at 8 p.m., with Enfield's Classified, Karl Wolf and Kay serving as openers. Tickets are \$43 to \$58 and go on sale Saturday at 9 a.m. through Ticket Atlantic. ● METRO

Occupiers roll up their sleeves for epic cleanup

- Mayor says campsite has cost city almost \$25,000 for cleanup, policing
- Occupiers get \$5,000 donation from N.S. Labour Federation



HEATHER GILLIS
HALIFAX@METRONEWS.CA

About 40 Occupy Nova Scotia protesters and supporters swept and scrubbed Grand Parade in the noon sun yesterday.

As promised, the group was preparing to move their tent camp temporarily from Grand Parade to Victoria Park for Remembrance Day and Dignity Day ceremonies.

But the occupiers — and many of their tents — remained in Grade Parade, even though Mayor Peter Kelly had asked the protesters to vacate the area by last night.

"We're making a political statement by staying longer than the sixth," said John Thibreau, a spokesperson for Occupy Nova Scotia.

"We're not letting the mayor dictate to us what to do. Don't think that we're being bullied out of here. This is our choice."

The occupiers say they will be completely out of Grand Parade by dusk tomorrow, in time for Dignity Day ceremonies on Wednesday and the Remembrance Day service on Friday.

Organizers have planned a solidarity rally to move back to Grand Parade on Saturday.

"I've heard numbers



► Occupy Nova Scotia protester Eric Antolick sweeps up in front of the Fallen Police Officer memorial at Grand Parade yesterday.

speculated from 500 to 1,000 people," Thibreau said.

Once they return, Thibreau said they plan to set up camp in a more organized and condensed fashion.

"We're going to try to free up some more of this space for the rest of the general public — who apparently, we've been told, feel like it should be given back to the general public," he said.

Elbow grease

► Lots of garbage bags were used in yesterday's cleanup that saw volunteers scrubbing and sweeping Grand Parade.

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► Members of the Cornwallis Street Baptist Church choir leads an anti-violence march down Cornwallis Street to the Halifax Common yesterday.

Church calls for end to violence

► ‘We stop and pray in places where we know people have been killed,’ anti-violence march organizer says



HEATHER GILLIS
HALIFAX@METRONEWS.CA

The hymn Victory Is Mine harmoniously echoed down Cornwallis Street as Rev. Rhonda Britton joined Halifax police and members of the public for a march to eradicate violence yesterday.

The Cornwallis Street Baptist Church March Against Violence, organized by Britton, aims to bring denominations together to create awareness about violence in the city.

“If we can come together as members of different faith and traditions and do this thing together, then we can do many more things together,” she said.

Britton focuses her anti-violence campaign on



“We’ve got to start working with our young people. That’s where it all starts.”
HALIFAX REGIONAL POLICE CHIEF FRANK BEAZLEY

youth crime, but hopes to stamp out other kinds of violence as well.

“We try to talk about what it would take to get them to lay down weapons and to look in another direction,” she said of her approach to dealing with young people involved in violent crime.

Halifax Regional Police Chief Frank Beazley sup-

ports Britton’s approach.

“Choose school, choose work, choose all different kinds of things,” he said. “But don’t choose crime and don’t choose drugs.”

Beazley said the rate of gun violence in Halifax is worrisome.

“Last year it was high, this year it was even higher,” he said.

Beazley said police have seized 196 firearms since January. Ninety-six of them were used to commit crime.

Mayor Peter Kelly was also there to speak out against violence in HRM.

“We want safe streets, violence has no place in our community, it has no place in our homes,” he said. “It’s up to us to make sure that we speak as a community as we’re doing today.”

\$226M TRIMMED FROM BUDGET

Veterans protest feds’ cuts

About two dozen veterans and their supporters gathered Saturday at the main cenotaph in Halifax to protest what they say is the federal government’s shameful treatment of former soldiers, sailors and airmen.

John Labelle, a 72-year-old veteran who served 38 years in the Canadian

navy, cited a litany of complaints about pension clawbacks and changes to the new Veterans Charter.

Labelle says a planned \$226-million cut to the Veterans Affairs budget will have a substantial impact on veterans’ benefits — even though senior bureaucrats have insisted that’s not the case.

The protesters, some of them wearing rows of military medals, shared the public square at Grand Parade with dozens of Occupy Nova Scotia activists.

THE CANADIAN PRESS

Gas station theft

Halifax police are investigating a robbery at a Petro-Canada gas station on Herring Cove Road. The crime happened Friday at 11:30 p.m. Police say a man with a white bandana over his face demanded money. The attendant handed over an undisclosed amount of money. The suspect is described as a six-foot-tall male in his mid 20s, with a slight moustache, slim build and wearing a black jacket, black hoodie and blue jeans.

THE CANADIAN PRESS

Mayor won't speak at boundary hearing

- To be held at Summit Place in downtown Halifax
- HRM to have seven fewer councillors next fall



JENNIFER TAPLIN
@METRONEWS.CA

Of the 36 people on tap to speak or give submissions tonight at the Nova Scotia Utility and Review Board hearing on shaping HRM's boundaries, nine of them are councillors.

But one notable name is absent from the list: the mayor.

"We've done our job and now the job is in the hands of the UARB," Peter Kelly said yesterday.

But he added he's looking forward to hearing what the public has to say.



► Peter Kelly

In July, the UARB decided the number of councillors and districts would be cut to 16 from 23. Now the board is tasked with choosing a new boundary map of the HRM before the next municipal election in the fall of 2012.

Last month, council voted, without debate, to send the first of two scenarios to the UARB for their consideration. Several public sessions and surveys were conducted and public opinion seemed to be split between the two scenarios.

The UARB hearing starts at 9 a.m. with interviews from witnesses and experts. Members of the public who forwarded their names to the UARB will begin speaking at 7 p.m.

Not surprisingly, several councillors, as well as representatives from business and ratepayers associations, have asked to speak.

Naval. Accident



► The HMCS Preserver is seen docked in Halifax on Friday.

ANDREW VAUGHAN/THE CANADIAN PRESS

Ship dented after hitting dock

The navy supply ship collided with the drydock at the Irving Shipyard, damaging both the ship and the dock. There were no injuries and the incident is now being investigated.

Man slapped with child porn charges

RCMP have charged a Nova Scotia man with possession of child pornography.

Police say 61-year-old Brian Gill of Dutch Settlement downloaded images onto his computer last month.

THE CANADIAN PRESS

Weapons, cash found, police say

A 16-year-old boy is facing more than 20 drug and weapons charges. Police spotted several people on Quinpool Road smoking marijuana. Cash, bear spray and brass knuckles were found on the teen.

THE CANADIAN PRESS

Young girl accused in stabbing

A 14-year-old girl faces charges, including aggravated assault, after a stabbing in West Dublin.

Police say a 21-year-old man was stabbed once in the left shoulder. He was treated in hospital.

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Activist claims he was Tasered

▶ Canadian professor says he's bruised but 'basically OK' after trying to run Israeli naval blockade

MIKE ARSENAULT
HALIFAX@METRONEWS.CA
METRO CANADA IN LONDON, ONT.

A Canadian linguistics professor aboard a ship seized by Israeli forces while attempting to run a naval blockade of Gaza said yesterday he was Tasered while being taken into custody.

David Heap, 45, a professor at the University of Western Ontario, was working with the Canadian Boat to Gaza — a group aiming to stop the Israeli-backed naval blockade of Gaza — when he and about 20 others were taken captive.

During a visit with lawyers in his prison cell, Heap managed to draft a letter informing people of the activists' ordeal. The letter was posted on the Canadian Boat to Gaza's website, Tahrir.ca.

One of the other Canadians detained, Montreale

Reaction

▶ A spokesman for Foreign Affairs Minister John Baird says diplomats were closely watching the situation and "liaising with Israeli authorities" to provide consular assistance.

▶ Baird has warned in the past that Canada can't protect Canadians who break the laws of other countries.

Ehab Lotayef, was imprisoned with Heap, the statement suggested. The third Canadian, Torontonian Karen DeVito, was apparently held separately.

Israel says the blockade, enacted back in 2007, is designed to prevent weapons from being smuggled into the Mediterranean port.

WITH FILES FROM
THE CANADIAN PRESS

Britain. Investigation



▶ Emergency services continue to attend the scene of a multiple fatal collision near Junction 25 on the M5 motorway, Saturday, in Taunton, England.

MATT CARDY/GETTY IMAGES

Fireworks may have caused horrific crash

Police investigating the cause of a 34-car pile-up on a major British highway that killed seven people and injured 51 are focusing on a fireworks display near the accident site. Initial reports suggested fog and wet road surfaces were partly to blame for the huge collision, but police said they have now zeroed in on the fireworks show after evidence taken from witnesses indicated that black smoke emerging from it may be the main culprit. Rescue workers have described the road accident as one of the deadliest in the country in years.

Man accused of throwing woman, kids over balcony

A man has been charged with three counts of attempted murder after a woman and her two young children plunged off a fourth-floor balcony in Toronto's east end.

Toronto Police Staff Sergeant Mike Ervick says the children — a two-year-old and an eight-month-old in-

fant — suffered life-threatening injuries, but adds that doctors at Sick Kids Hospital are hopeful both will survive.

He says their mother, believed to be in her 30s, is being treated for serious injuries at a Toronto hospital, but is expected to recover.



▶ A man allegedly threw a woman and two children through this fourth floor window in Toronto.

RICHARD LAUTENS/TORSTAR NEWS SERVICE

The 27-year-old man accused in yesterday afternoon's incident also went over the balcony but wasn't hurt in his fall.

Police aren't releasing his name to protect the identity of the victims.

He made a brief appearance in court this morning and has been remanded in-

to custody.

Police say he is charged with three counts of attempted murder, three counts of aggravated assault, one count of an attempt to disarm a police officer and two counts of assault attempt to resist arrest.

TORSTAR NEWS SERVICE



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Occupy party over for mayor

- Vancouver mayor has instructed city officials to look at closing the site safely and peacefully
- Woman's death points to camp safety risk

The death of a woman at the Occupy Vancouver camp means the site has become so unsafe that it must be shut down as soon as possible, says Vancouver's mayor.

The 20-year-old woman was found unresponsive in a tent at the site in front of the Vancouver Art Gallery on Saturday afternoon, two days after a man suffered a non-fatal overdose at the encampment.

"There is a serious problem here and we want to address it urgently," said Mayor Gregor Robertson. The woman's death is tragic and is also upsetting for him because he has a 20-year-old daughter, he said.

Occupy Vancouver supporters tried to drown him out as he spoke to reporters, with one woman



► Police officers and city officials stand at an entrance to the Occupy Vancouver site last Saturday. A woman at the protest camp died Saturday afternoon.

shouting that at least his daughter has a home.

"I think the protest on the really important issues that many of us are passionate about is being under-

mined by a tent camp and the issues around the right to camp on public space, which is really unfortunate," Robertson said.

THE CANADIAN PRESS

Occupy issues

Robertson said the city is looking at a number of options that includes a possible injunction to end the encampment.

- The fire department has ordered campers to take safety precautions such as spacing tents further apart, but their words have been ignored.
- Vancouver police won't release the woman's cause of death or her identity as they try to contact her family.
- But, several people at the protest site said she died of a drug overdose and heckled the mayor over public funding.
- The Occupy Vancouver site has become a major issue in the lead up to this month's civic election as Robertson vies to keep his job.

Ottawa protester claims he was scammed at camp

A vulnerable young man who says he was conned into putting a \$600 on his credit card will likely get his money back after he spoke up about the fraud this weekend.

Kader Diabate, a 19-year-old Occupy Ottawa protester, said a man who was also staying at Occupy camp offered to get him a free phone and took him to the Telus store at the Rideau Centre last Saturday.

"But actually the phone wasn't free," he

said.

Diabate used his credit card, but the phone wasn't set up in his name and when the fraudster returned to the camp he kept the phone.

The man promised to pay Diabate back but left the camp a couple of days later without paying and now is nowhere to be found.

Diabate filed a police report and spoke with a Telus representative on Saturday.

● JESSICA SMITH IN OTTAWA

Arrests won't deter Atlanta protesters

Despite 20 arrests, Occupy Atlanta organizers said Sunday that they plan to again try to camp at a city park, setting up yet another showdown with police a

night after multiple arrests during a rally that spilled into the streets.

The group was to hold its general assembly meeting last night before marching back downtown, said organizer Tim Franzen. A spokesman said police would continue to enforce the law. THE ASSOCIATED PRESS

Hunger strike continues

A military vet who began a hunger strike on Saturday still hasn't had any food after rejecting an offer for treatment from Veterans

Affairs Minister Steven Blaney.

Pascal Lacoste said yesterday he won't have another bite to eat until the federal government recognizes that he and countless other soldiers were poisoned while serving overseas. He says he's prepared to die if that's what it takes.

Lacoste blames his own

declining health, which includes chronic pain and a degenerative neurological disorder, on depleted-uranium poisoning he believes he contracted in Bosnia in the 1990s.

He started his hunger strike on Saturday at noon across the St. Lawrence River from Quebec City.

THE CANADIAN PRESS

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Tax files disappear

► CRA auditor took tens of thousands of unencrypted files home

The confidential tax files of almost 2,700 Canadians are missing after a Canada Revenue Agency worker took them home and let a friend download them to a laptop.

The laptop has disappeared, the agency is scrambling to rewrite its security protocols and the privacy commissioner is asking why no one alerted her to the breach in confidentiality.

"Our office was not informed about this incident," said Anne-Marie Hayden, spokeswoman for Jennifer Stoddart, privacy commissioner of Canada. "We will be following up with CRA for further information on the issue."

The major breach occurred in early 2006, when an auditor in the agency's Toronto office asked a government computer techni-

cian to download 37,488 of her emails and 776 documents onto 16 CDs. The confidential material covered the years 2000 to 2006, and was not encrypted as required by agency rules.

The woman took the CDs home, and allowed a male friend to copy at least one of them to a laptop.

The breach only came to light when the woman pro-

ATI request

► The investigation report, along with related documents, was obtained under the Access to Information Act.

duced the CDs during a grievance hearing before the Public Service Labour Relations Board in 2008.

THE CANADIAN PRESS

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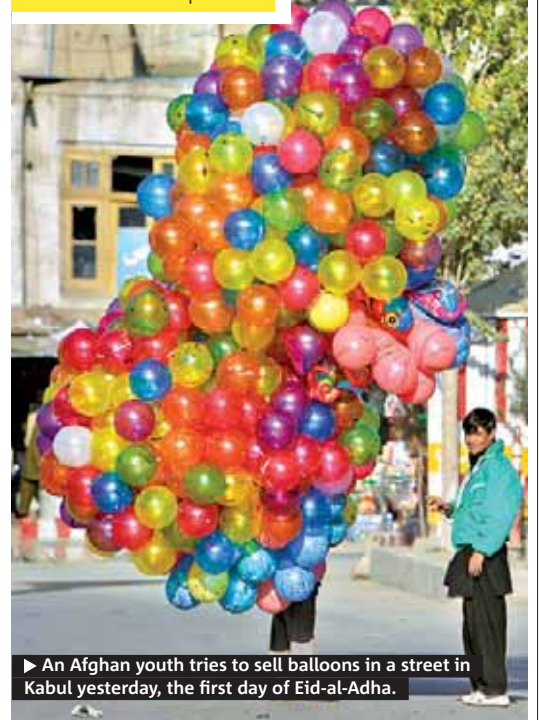
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► An Afghan youth tries to sell balloons in a street in Kabul yesterday, the first day of Eid-al-Adha.

MUHAMMAD MUHEISEN/THE ASSOCIATED PRESS

Muslims celebrate Eid

Eid al-Adha is an important religious holiday celebrated by Muslims worldwide to commemorate the willingness of Prophet Ibrahim to sacrifice his son as an act of obedience to God.

Flood death toll climbs in Thailand

The death toll from Thailand's worst floods in half a century climbed past 500 yesterday, as advancing pools of polluted black water threatened Bangkok's subway system and new evacuations were ordered in the sprawling capital.

The latest district added to the government's evacuation list was Chatuchak, home to major public park and an outdoor shopping

\$3.3B

Prime Minister Yingluck Shinawatra says a plan to be put before the cabinet tomorrow would allocate 100 billion baht (\$3.3 billion US) for post-flood reconstruction.

zone that is a major tourist attraction. The Chatuchak Weekend Market was open but missing many vendors and customers yesterday as floodwaters poured past the market's eastern edge for a second day. So far, Bangkok Gov. Sukhumbhand Paribatra has ordered evacuations in 11 of Bangkok's 50 districts. THE ASSOCIATED PRESS

Modern veterans feel unappreciated

► Former veteran ombudsman says they're as worthy of celebration and respect as Second World War veterans

The first Remembrance Day following the end of the Canadian combat mission finds many veterans disillusioned with the Conservative government, despite its promises of cash and its words of support for the troops.

This hardened cadre is refusing to go quietly into history, concerned that Ottawa is treating them as second-class veterans, compared with those who fought in the world wars and Korea.

At the same time, the public is in a reflective mood about not only the future of its armed forces but also what it has asked of men and women in uni-

form since 9-11.

Former veterans ombudsman Pat Stogran says the reflex of the government, and to a lesser extent the general public, is to forget about Afghanistan. He points to the reluctance of Ottawa earlier this year to carve the conflict into the stone of the National War Memorial. He says the exclusion speaks volumes to soldiers.

"The mandarins in Ottawa really want us to separate contemporary conflict from the world wars for monetary reasons; for callous, self-serving, parsimonious and disingenuous reasons," he said in a recent interview. **THE CANADIAN PRESS**

Veteran divide

The government highlights \$2 billion in additional benefits for the most severely injured, yet downplays the fact it is spread over 50 years.

- The replacement of lifetime, guaranteed pensions with a mixture of lump-sum payments and transitional benefits, as well as the newly introduced taxation of those benefits, also grate against ex-soldiers.
- The New Veterans Charter, which was drawn on April 1, 2006, separates veteran benefits.
- Those in the system before that date collect lifetime pensions, while the rest fall under the new regime.

Bikers. Tribute



► A member of a group of U.S. bikers participating in Run for the Wall Israel touches the stones of the Western Wall, the holiest site where Jews can pray, in Jerusalem's old city yesterday.

SEBASTIAN SCHEINER/THE ASSOCIATED PRESS

Holy land receives surprising visitors

The group of motorcyclists from the United States, including Evangelical pastors and military veterans, holds tours in support of soldiers.

Mexico newspaper in flames

More than a dozen people barged into the offices of a

newspaper in central Mexico yesterday, dousing it with gasoline and setting it aflame.

No injuries have been reported following the attack, but about 20 employees

were inside the building at the time.

The newspaper, El Buen Tono, has sharply criticized some local authorities, but the motive for the attack is unclear. **THE ASSOCIATED PRESS**

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URBAN COMPASS

STEPHEN KIMBER
METRO HALIFAX



So Nova Scotia's largest non-union employers are eager to preserve an unfettered collective bargaining process. They are, they claim, deeply concerned about "a third party deciding what will be the appropriate terms and conditions of employment."

How progressive.

Where were they when the Harper government systematically ripped the guts out of that process during the recent Air Canada and Canada Post disputes?

Nowhere.

Oh, right. They don't want to preserve collective bargaining; they want to prevent it.

Last week, the Nova Scotia Employers' Roundtable — made up of 21 employers "representing" 34,000 workers — sent a letter to Premier Darrell Dexter, expressing horror at even the whiff his government might contemplate "first contract arbitration" legislation.

"During the 1970s, Nova Scotia governments — at the behest of powerful, and powerfully anti-union, Michelin Tire — rewrote the province's labour laws on several occasions to make it virtually impossible for the company's workers to organize, let alone bargain for a first contract."

First contract arbitration is designed to protect workers who choose to join a union and whose employer then refuses to bargain in good faith on a first contract. It happens — rarely, but it does. When it does, the legislation provides, initially, for conciliation or mediation. If that fails, there is the big stick of an imposed settlement. Studies show the threat of first contract arbitration increases the chances of a negotiated contract and reduces work stoppages by a "statistically significant" 65 per cent.

Conservative leader Jamie Baillie calls it a "crazy idea" and warns it will be a job killer.

Really? Six provinces and the federal government have similar laws. Eighty per cent of Canadian workers

— including the 15 per cent of Nova Scotians working in federally regulated industries — are already covered.

Where are all the dead jobs?

For his part, Liberal leader Stephen McNeil frets such legislation will tilt the balance in favour of workers.

Earth to Stephen. During the 1970s, Nova Scotia governments — at the behest of powerful, and powerfully anti-union Michelin Tire — rewrote the province's labour laws on several occasions to make it virtually impossible for the company's workers to organize, let alone bargain for a first contract. Those laws are still on the books.

Tilt the balance? Perhaps it's time to take the corporate thumb — and fist — off the scale.

And perhaps, just perhaps, it's time for McNeil and Baillie to stop shilling for the powerful and start speaking for the least powerful, including unorganized workers.

Take a stroll through legion's flea market

NEWS WORTH SHARING

Media will always have to report on the tough stuff. But we know that Canada is full of compassionate individuals, inspiring projects and stories worth celebrating. Here's just one.

For almost 90 years, Royal Canadian Legions have served veterans and their families, promoted remembrance and been the social centre of Canadian communities.

But these days, rising utility bills and other operating costs have become expensive obstacles to staying open. In Truro, where the legion currently offers bingo and

weekly dances for seniors, Branch 26 president Murray Dawson says, "We had a heck of an operating cost last winter and it's tough for us to survive another like that."

Ideally they'd like to move into new digs, but for now the organization is just trying to pay its bills, and is holding Sunday flea markets starting

Nov. 6 from 10 a.m. to 2 p.m. So get your loonie ready — admission is only \$1 — or, better yet, sign up as a vendor!

● CRAIG AND MARC KIELBURGER

Help the good news get around. Send your stories of local heroes and positive action to goodnews@metowe.com and we will share them right here.

Tweets

- ▶ @SmoggyRandall: #occupyns member, one skateboards to another: the monument to fallen peace officers is not the place for skating. #halifax
- ▶ @classified: had a great vacation!.. but excited to get home. big show in halifax on thursday!
- ▶ @dukertons: The best part about going to a #Halifax Moosehead game is watching the little #Timbits battle it out on the ice! #adorbs
- ▶ @Ophelikiros: What to do on a fine, chilly, sunny #Halifax day? I'm a tad bit stumped. Something tells me waiting around for others isn't the answer
- ▶ @kathanlon: parked a couple blocks from the restaurant and enjoyed a beautiful fall walk in #Halifax before/after brunch at chez tess in the north end.
- ▶ @DaleEstey: A suspicious transaction outside on the sidewalk. Two guys meet, greet with handshake, folded bill exchanged for tiny packet. #Halifax #fb
- ▶ @jameycoughlin: hey halifax / dartmouth tweeps, what is the best outdoor playground in HRM? (downtowns)



photo of the day



▶ This photo titled Autumn Wait at the Banff Train Station, was submitted to the Imagination category by stcarson.

Metro invites its readers to join the Metro Global Photo Challenge — running in 100 cities on four continents — to win fantastic prizes and worldwide recognition. Enter your digital photos at metrophotochallenge.com. The contest runs until Nov. 22. As well as a chance to win a trip to any city Metro publishes, one submission will also be featured here daily.



Register at metropolitanpanel.ca and take the quick poll

What would you do with an extra hour every week?

52%

CATCH UP ON SLEEP

14%

CATCH UP WITH FRIENDS AND FAMILY



34%

CATCH UP ON CHORES

2

scene

Box office



Puss in Boots pounced on Tower Heist and Harold & Kumar at the box office. The film earned \$33 million in its second weekend, according to studio estimates Sunday. Tower Heist starring Ben Stiller and Eddie Murphy palmed \$25.1 million in the No. 2 spot, while the R-rated sequel A Very Harold & Kumar 3D unwrapped \$13 million at No. 3.

THE ASSOCIATED PRESS



Marvel bringing most of its titles to digital the same day they go on sale in shops in 2012.

Love on the rocks

► Move over Kim Kardashian. Musical uncouplings are taking centre stage, with a number of breakups announced over the last month ► Singing about love doesn't mean you're good at it



PAT HEALY

SCENE@METRONEWS.CA

METRO WORLD NEWS IN BOSTON

While Kim Kardashian runs unchallenged for most important divorce in the universe, elsewhere in the entertainment industry there have been a few other quiet uncouplings that are no less newsworthy.

In mid-October, Sonic Youth figureheads Thurston Moore and Kim Gordon announced that they're separating after 27 years of marriage. Last week, actress and She & Him singer Zoëy Deschanel and Death Cab for Cutie singer Ben Gibbard announced their separation after two years of marriage.

For some reason, musical romances seem to be more legitimate than Hollywood marriages. Perhaps because the resumé bullet points of a songwriter include exploring the essence of love and giving hope to the masses. And when those people find love in their own personal lives, it makes everyone happy.

But musical couplings seem rife with hazards and a history of rock relationships being, well, rocky.

Within the pop pairings there are more Bobby Brown and Whitney Houston examples than there are successful ones like Ar-



► Actress and She & Him singer Zoëy Deschanel and Death Cab for Cutie singer Ben Gibbard announced their separation last week after two years of marriage.

cade Fire's Win Butler and Regine Chassagne.

If both partners are leaders in their bands, they obviously have strong personalities. And if they're in the same band, that's even more challenging.

Glen Hansard and Marketa Irglova made a lovely

musical couple in the movie Once, and in their band, the Swell Season, the pair made a convincing case for the existence of true love. But when we spoke with Hansard a few years ago, he said the romance route was not productive for their art: "We kind of tried it out, and de-

cided it wasn't for us."

Blake Hazard and John Dragonetti continue to shine as a beacon of wedded hope. In their band, the Submarines, they lyrically lay out their quarrels.

"Without getting into it too much, it's been up and down," said Dragonetti

'Rock Wit U'

Other musical couplings still going strong:

- Alicia Keys and Swizz Beatz
- Ryan Adams and Mandy Moore
- Jason Hammel and Kori Gardner of Mates of State
- Ira Kaplan and Georgia Hubley of Yo La Tengo
- Bruce Springsteen and Patti Scialfa
- Elvis Costello and Diana Krall

when we spoke to him this past spring. "We're trying to figure it out. It gives us stuff to write about."

Hazard chimed in, "I don't think there's quite a way for writing about things without pulling any punches."

Bethany Cosentino of Best Coast, who dates Wavves singer and guitarist Nathan Williams, told Metro last year that the hardest part of dating another musician in the spotlight is the public's perception.

"It's not like we were like, 'Oh hey, we both play music, let's start dating,'" she said. "We've known each other for five or six years."

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Sorbo breaks his silence

► Hercules actor details physical struggles in new book *True Strength*

MEREDITH ENGEL
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METRO WORLD NEWS IN NEW YORK

As the title star of *Hercules* in the 1990s, Kevin Sorbo was known for his strength and vitality. But off-camera, he hid a deep secret: His abilities had been severely limited since falling victim to an aneurysm and multiple strokes — in one day — in 1997. Now, 14 years after the illness that nearly killed him, he is breaking his silence in a new book, *True Strength*.

"I'm one of those guys — even in college, you have paper due at the end of the semester and I wait for the last week. It had just gotten to a point where I said, 'You know what? I just have to do this,'" Sorbo says of his decision to write the book now.

Coming clean about his strokes was "strange," Sorbo says, because the *Hercules* studio had tried to keep them under wraps for years. Stunt doubles were hired and scenes were rewritten around the star. Sorbo says he was "immediately grateful" for the smoke and mirrors.

"They let out the aneurysm," he says.

"It was all over the news, so people knew that I was sick. But the studio still had two years left in my contract and they wanted to go another three years beyond that because it was the most watched show in the world. I didn't want anyone to know that this guy who was larger than life, playing this big superhero guy — I thought that I was *Hercules* in a way and then I would suddenly go to 90-years-old overnight.



► Kevin Sorbo

"It was tough for my ego. I thought that my life was over and that I would be in a wheelchair for the rest of my life. So I'm really grateful to the studio for working around me to get through an episode without me."

And yet, despite the de-

bilitation, Sorbo made Herculean efforts to get back on his feet.

"I'm a very strong-willed person and I have a very driven personality," he says.

"When they told me that this was what I had to do to get better, I would do 10 times more than that. I pushed myself. I would throw myself into the situation and tell myself, 'Hey, no pain, no gain.' I looked at this as a gift and decided to accept it.

"Initially, it made me mad, but after a while, I got it. It changed my life completely. I became a much more patient person. I became a far more compassionate person and that's why I wrote the book."

These days, the actor says he's feeling good, despite frequent migraines and some dizziness when he overdoes his workouts.

"I learned that everybody has a story; we all have pains in our lives. We feel like we are alone but we are not alone, because we have all these similarities and all these stories."

KEVIN SORBO





SEARCHING FOR IMMORTALS

Word Search

*Hidden in the maze of letters are the names of 13 of the main characters from **IMMORTALS**, which opens everywhere November 11. They run in all directions, forward, backward, up and down and diagonally.*

*A clue, the character played by Mickey Rourke - **King Hyperion** - gets top billing.*

Other characters you are looking for are:

Apollo	Lysander	Priestess
Athena	Minotaur	Stavros
Cassander	Phaedra	Theseus
Heracles	Poseidon	Zeus

C	V	N	O	I	R	E	P	Y	H	G	N	I	K	X
C	H	A	Z	T	D	F	O	C	X	K	L	T	Z	I
A	U	N	G	E	B	B	S	J	Y	P	Y	S	J	S
S	R	E	F	M	U	J	E	S	U	E	S	E	H	T
S	K	H	T	I	M	S	I	E	Y	J	A	N	D	A
A	K	T	Y	N	R	P	D	L	N	M	N	U	K	V
N	H	A	P	O	L	L	O	C	V	I	D	K	O	R
D	J	R	T	T	N	C	N	A	Y	Q	E	K	L	O
E	S	V	B	A	E	P	G	R	K	D	R	A	F	S
R	N	Z	Z	U	P	R	I	E	S	T	E	S	S	Y
U	J	R	A	R	D	E	A	H	P	I	J	K	P	F

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VISIT



TO ENTER

The Snooki empire keeps on growing

► Metro catches up with Jersey Shore's leading guidette

CASSANDRA GARRISON
SCENE@METRONOVS.CA
METRO WORLD NEWS IN NEW YORK

You know her as the gorilla-loving, boardwalk-dancing, fluffy boot-wearing meatball guidette on *The Jersey Shore*, but there is much more to Nicole "Snooki" Polizzi than hair-spray and sequins.

The self-proclaimed "boss lady" is in the process of creating an empire, complete with Snooki-branded products and best-selling books.

Metro caught up with her at the launch of her newest venture — her very own fragrance (called, of course, Snooki).

What made you decide to launch your own fragrance?

I get a lot of opportunities to do a lot of things and I have always loved perfume since I was 13. I could never really find the right scent for me.

I would even try to mix Britney Spears with Juicy and just try to make the right scent but I could never find it.

And just the fact that I got to make my own perfume and have the scent that I wanted, and I think everyone else is going to enjoy it, it's great.

Is it Jionni-approved?

I definitely wanted Jionni to like it, because if he likes it, I know all the guys are going to like it.

So the fact that he loves it and he didn't even know it was mine, I knew I had it.



► Snooki now has her own fragrance. Its name? Snooki, of course.

Tell us about your new book *Confessions of a Guidette*.

It's different from my first, 'cause my first was a novel. This book is kind of like a how-to. A lot of people asked me where I get my fashion, or for tips on guys, tips on friends. So everything that people always ask me is in the book.

Anything you can tell us about season five of *The Jersey Shore*? What's the drama like?

I wouldn't say it's dramatic. Obviously, there is going to be drama, but it's a lot more fun. It's back to being fun and laughing with each other, because Italy was just very crazy with drama. I hardly had fun.

I was just homesick and wanted to be back. So the fact that we went straight to Jersey and filmed the next season, you're just going to see us so happy to be back at home.

How often do you hang out with your castmates when you guys aren't filming?

It's really hard because Pauly is DJing and everybody is doing their own thing. Jenni is promoting a lot of her stuff so it's really hard to see each other.

What's nice is when we do go to MTV together to promote the show or something, that's when we all see each other.

How are things between you and Mike, "The Situation"? Have you smoothed things out?

You're going to have to wait till the next season, but it's not a surprise that I don't like him.

You look amazing! What do you tell people when they ask you how you lost weight?

I stopped drinking. I hardly drink when we're not filming the show, so that helped a lot.

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THE WOMAN CAUSING THE BIEBER DRAMA

THE WORD

DOROTHY ROBINSON
SCENE@METRONews.ca



It looks like Mariah Yeater, the woman claiming to be Justin Bieber's baby mama, has a rap sheet.

Here is a booking photo, taken last year on Dec. 21, in Las Vegas, when she was arrested for battery domestic violence, injury/destroying property and threatening telephone calls.

The reason for the hubbub? Apparently Yeater showed up at an old boyfriend's home, claiming she was pregnant by him (it is assumed it is the same baby that she later claimed Bieber fathered).



► Mariah Yeater

A fight broke out, Yeater assaulted the guy, and she was arrested, according to TMZ.com. Of course, this doesn't mean Yeater isn't telling the truth about Bieber but it certainly puts a dent in her credibility.

There is no word on when the paternity test is scheduled for but maybe instead of blood work, they should just see if that baby can dance like Usher? That should settle things.

FOLLOW DOROTHY ROBINSON ON
TWITTER @DOROTHYATMETRO

Did baby mama claims drive Biebs and Gomez apart?

- Justin's camp on damage control
- Selena's rep denies the breakup

Selena Gomez has reportedly split from Justin Bieber over allegations that he fathered a child with a 20-year-old fan, according to Radar Online.

"Selena ended it abruptly," a source says.

"His camp is in damage control mode and attempting to convince her to stick around in the relationship for a few more weeks because they fear it will be seen as an admis-

"Selena ended it abruptly."

-SOURCE

sion that something indeed took place between Justin and the woman who is alleging that he's the father of her baby."

Coincidentally, a rep for Gomez was quick to follow up, telling Us Weekly that the breakup rumours are completely untrue. **• METRO**



► Back in happier times: Justin Bieber and Selena Gomez

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3
life

Kids & colds



With cold and flu season starting, The Canadian Paediatric Society is issuing some frank guidance about how to treat kids' colds.

Its message: Cough and cold medications aren't advised for children younger than six, and other options like echinacea haven't been proven to prevent or mitigate colds in children.

In fact, it says, there's little that is truly useful except fluids, time and TLC.

THE CANADIAN PRESS



New app called ShoeBox allows you to use your iPhone as a photo scanner.

Child free & coming out: Not having kids is a choice

► With the population at 7 billion, do we really need more kids in the world? ► Saying you don't want to have children is no longer taboo ► More people are choosing to stay child free

THINKSTOCK.COM



Sharp knives, glass cupboards, loads of sugar: no problem if you don't have ankle-biters.



EMMA E. FORREST
LIFE@METRONEWS.CA
METRO WORLD NEW

As the global population hits seven billion, it's never been a better time to think about whether you really want to bring another person into the world.

Fortunately, in the 21st century, more and more people are seeing parenting as an option rather than an obligation.

"The percentage of women who reach the end of their childbearing years

without kids in the U.S. is around 20 per cent now compared to 10 per cent in the 1970s," says Dr. Ellen Walker, author of *Complete Without Kids*.

She also cites declining birth rates in the West, as well as China and Japan as evidence.

"For me, at age 50, I'm still quite an outsider with my peers, but a woman in her 30s who has chosen to be child free will have more women her age who are in the same boat."

There are hundreds of reasons for not having

kids, from the cost of raising a child, lack of support network to concerns about the ecological impact of adding to an overpopulated world.

The global recession is also a factor. "Many people are concerned about the current and future state of the world and deciding that this is not a place they want to bring children into," says Walker.

It's also a result of openness in society.

Choosing to be child free is not only becoming a more popular life choice,

but unlike their predecessors, the new generation of DINKS — dual-income, no kids couples — don't feel awkward talking about it.

"People are talking openly about the decision and actually viewing it as a choice, rather than an essential life step," says Walker.

"I'm seeing that women in particular are realizing that we can't do it all, and that it's OK to choose either mothering or career and to walk away from the other."

Where parents see rais-

ing decent children as their legacy and purpose in life, DINKS channel their energies into projects, charity work, hobbies or volunteer work.

"I encourage child-free adults to take time to consider this legacy question carefully," says Walker.

"If you're not a parent (in a world in which this is still the norm), it's critical to find your own purpose."

"Otherwise, you will likely find yourself having regrets at some point about not having had kids."

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Dinner — on the run

It's one of those busy nights with hockey practice and a ballet recital, but you still want to serve something homemade Try this hearty, speedy soup

DINNER EXPRESS

EMILY RICHARDS
FOOD@METRONEWS.CA

Needing a warm bowl of chicken soup and having

the time you need to make it often don't coincide.

Which is why this quick chicken noodle soup is on the table in under 30 minutes.

Preparation:

1 Remove meat and skin from chicken; discard skin and bones. Use your fingers to pull any large pieces into bite-size chunks; set aside.

2 In a large saucepan over medium-high, heat oil and add onion, garlic, cumin, paprika and thyme; cook for about 5 minutes or until starting to brown. Add frozen vegetables and cook for 5 minutes. Add broth and bring to a simmer.

3 Add pasta and cook for 7 to 8 minutes. Add chicken and return to a simmer. Season with salt and pepper to taste. Stir in parsley to serve.

EMILY RICHARDS IS
A PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR
AND A TV CELEBRITY CHEF.

FOR MORE, VISIT
EMILYRICHARDSCOOKS.CA/
THE ASSOCIATED PRESS

Ingredients:

- 1 kg (2-lb) rotisserie chicken
- 30 ml (2 tbsp) olive oil
- 1 onion, diced
- 1 clove garlic, minced
- 2 ml (1/2 tsp) ground cumin
- 2 ml (1/2 tsp) smoked paprika
- 5 ml (1 tsp) dried thyme leaves
- 500 g (1 lb) frozen mixed vegetables (such as peas, carrots and corn kernels)
- 2 L (8 cups) chicken broth
- 250 ml (1 cup) elbow pasta
- Salt and ground black pepper
- 125 ml (1/2 cup) chopped fresh parsley

Rose Reisman's Swap It

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► This Speedy Chicken Noodle Soup serves six.

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Growth from grassroots

► Neighbourhood giveaways on Freecycle Network go global; nearly 9 million members ► Are you up for free?

OFFER. WANTED. TAKEN.

With those three words, Deron Beal of Tucson, Ariz., helped move the yard sale online, only with no money changing hands.

Beal is the founder of The Freecycle Network, or Freecycle.org. It's a grassroots gifting network that — thanks to the sour economy and a growing commitment to the environment — has transformed into a global movement of millions offering, wanting and taking all manner of stuff.

Staffed by volunteer moderators and loosely overseen by Beal, Freecycle aims to let you share your old TVs, clothes, broken blenders, tire chains and moving boxes with people nearby, using email groups at Yahoo! and on the net-



work's website.

There are nearly 5,000 Freecycle groups with about nine million members in more than 70 countries. Not bad for a guy who was simply trying to keep perfectly good stuff

out of landfills, or find homes for stuff charities don't take, in his own community. Freecycle can be effortless for people who can leave their old magazines, kitchenware or larger items on a porch for

pickup, but it can generate a lot of email and suck up more time in larger locales as giver and taker try to untangle their schedules and decide where and when to make an exchange.

There's no real naviga-

Freecycle

It can be touch and go if you want to move something fast.

► Items Beds, garment bags, hangers, aquarium pumps, coffee makers, bicycles, toys, cribs, toasters, those paper wrappers for coins, air purifiers — the variety is endless. Some of it works, some of it doesn't. Some of it goes quickly and some might not go at all.

tion at Freecycle. You sign up, wait in some cases to be approved by a moderator, and decide whether to take individual emails, daily digests of offerings or read the list online only.

Beal got the idea for

Freecycle while working as a recycling co-ordinator for a non-profit in Tucson. The organization offered jobs to men in shelters to do concierge recycling by picking up things like old computers and office tables at shops, restaurants and other companies, then try to find homes for them at other non-profits.

"We had this old beat-up pickup truck, and would load up the pickup and drive from one non-profit to the next to see who could use this stuff. It was crazy, and taking way too much work to find new homes for perfectly good stuff," he said. "So I set up an email group, where anybody interested could join and they could pick it up themselves."

THE ASSOCIATED PRESS

The heat is on to get off electricity.

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FINDING THE KEY TO RECYCLING

Our office just had the locks changed. Can we recycle our old keys? *Kim of Vancouver*

QUEEN OF GREEN

LINDSAY COULTER
GREEN@METRONEWS.CA



Why yes, you can!

Keys are considered scrap metal, but you cannot put them into your curbside blue bins.

You need to find a metal recycler near you. To find a depot location, call the B.C. Recycling Hotline at 604-732-9253 or 1-800-667-4321 outside the Lower Mainland. Their phone lines are open Monday through Friday from 9 a.m. to 4 p.m. You can also email your inquiries to hotline@rcbc.bc.ca. They're outfitted with many hotline operators who would be happy to get

back to you, and fast.

Since you'll be collecting and dropping off a bunch of office keys, make the trip worthwhile.

Extend your collection to the "extra" keys your co-workers are toting around.

Too many of us are weighed down by keys and we don't even recall what they're for.

Ask your co-workers to scour drawers and key-chain holders at home.

Once you find a metal recycler, it doesn't hurt to give them a call to confirm that they accept keys. One option I found is David's Trading and Supply Ltd. in Vancouver.

They accept stainless steel, brass, coppers, aluminum and more. Check out davistrading.com.



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4
sports

More sports



MONCTON WILDCATS
DEFENCEMAN BRANDON GORMLEY HAS BEEN NAMED CAPTAIN OF TEAM QMJHL FOR THE CANADIAN HOCKEY LEAGUE SUPER SERIES. THE PHOENIX COYOTES FIRST-ROUNDER WILL SPORT THE 'C' AGAINST RUSSIA TONIGHT IN VICTORIAVILLE, QUE., AND WEDNESDAY NIGHT IN QUEBEC CITY. BOTH GAMES START AT 8 P.M. ON SPORTSNET. FORWARD JONATHAN HUBERDEAU OF THE SAINT JOHN SEA DOGS AND MORGAN ELLIS OF THE CAPE BRETON SCREAMING EAGLES WILL SERVE AS ASSISTANT CAPTAINS.



Scan code for more sports.

Rainmen's season off to rocky start

Opening week has hardly gone according to script for the Halifax Rainmen.

Not only did the Rainmen lose their home opener 109-90 to the London Lightning on Saturday before a crowd of 3,214, they're off to a 0-2 start with 227 points allowed and suspended two players on Friday for violating team policies.

Centre DeAndre Thomas, in his third season with the team, has earned an indefinite ban, and forward Eric Crookshank, in his fifth season, was suspended for Saturday's

game. Both were expected to be key contributors this season.

"It is extremely important to our club that our players behave in a professional manner at all times both on and off the court," Rainmen owner Andre Livingston said of the discipline.

In Saturday's game, point guard Taliek Brown led Halifax's offence with 21 points, followed by ex-NBA guard Rodney Buford with 20. It was Halifax's second loss in three days to the Lightning, who also won 118-110 on Thursday in

Rainmen signing

The Rainmen signed former Saint Mary's Huskies star point guard Joey Haywood on Friday.

► Haywood, who holds Atlantic University Sport's single-season scoring record, replaces Halifax's Christian Upshaw, who broke his arm last week.

London.

The Lightning are first in the National Basketball League of Canada with a 3-0 record, while the 0-2 Rain-



► Eric Crookshank

men are tied for last.

The Rainmen are back in action on Wednesday at

home against the Moncton Miracles.

● MATTHEW WUEST

Moose show Foreurs no mercy

► Mooseheads sit at 10-1-1 in past 12 games with victory



MATTHEW WUEST
@METRONEWS.CA

The Val-d'Or Foreurs must be happy they've seen the last of the Halifax Mooseheads.

The Mooseheads beat the Foreurs for the third time in 10 days yesterday afternoon at the Metro Centre, doubling up on the Foreurs 6-3 before a crowd of 5,416 to recover from Friday's 2-1 overtime loss to the Moncton Wildcats.

The two teams don't meet again this season.

"I guess we kind of figured them out," said Mooseheads centre Nathan MacKinnon, who helped spark the offence with two goals and an assist.

"We have the basics of what we want to do against

Centre stage

Mooseheads centre Nathan MacKinnon will hit the ice in Victoriaville, Que., tonight and in Quebec City on Wednesday in the QMJHL's two-game showdown against Russia in the annual Canadian Hockey League Super Series.

► The Cole Harbour native said he's feeling "rested" and looking at it "as an opportunity."
"I'll play my best hockey and take it from there," he said.

them. Like every other team in the league, they have weak spots, and I thought we exploited them."

MacKinnon was among

four Halifax goal scorers in a sloppy first period that saw the Mooseheads escape with a 4-2 lead. Cameron Critchlow, Konrad Abeltshauser and Darcy Ashley also found the net, and while the Foreurs pulled within a goal midway through the second, they were unable to draw even in the third.

MacKinnon scored his second of the night at the 10-minute mark of the final period on the power play and Luca Ciampini added another at 13:28.

"We were more focused on bouncing back from the loss on Friday night, and we had these guys' number all last week," Critchlow said. "We all did our job and it felt good to bounce back from what was a lackluster effort."



► Val-d'Or Foreurs goalie Francois Tremblay stops Halifax Mooseheads centre Nathan MacKinnon yesterday.

Huskies headed to AUS final

The Saint Mary's Huskies stormed past the St. Francis Xavier X-Men on Saturday to advance to the Atlantic University Sport football final.

The Huskies dumped the X-Men 25-2 in the AUS semifinal at Huskies Stadium, clinching a spot in the Loney Bowl against the Acadia Axemen this coming Saturday in Wolfville.

Devon Jones rushed for 70 yards and a major, Jah-

meek Taylor had a touchdown reception and Brett Lauther kicked three field goals. St. F.X.'s only points came on a fourth-quarter safety.

Quarterback Jack Creighton threw for 107 yards and a touchdown.

Saturday's kickoff is at 1 p.m., with the winner advancing to the Uteck Bowl national semifinal on Nov. 18 in Moncton.

● METRO



Sports in brief

SMU winners to open season

AUS BASKETBALL. The Saint Mary's Huskies women's basketball team beat the host Memorial Sea-Hawks 76-60 yesterday in St. John's, N.L., to open the Atlantic University Sport season with a weekend split after a loss on Saturday. The Huskies' men's team followed up a win on Saturday with a 90-79

loss yesterday. ● METRO

Huskies reach .500 with win

AUS HOCKEY. Third-year forward Brad Smith had the shootout winner in addition to a pair of goals to lift the Saint Mary's Huskies to a 6-5 win over the Acadia Axemen on Friday night in Wolfville. The fourth-place Huskies, who improved to 4-4, host the Dalhousie Tigers, 2-6, on Wednesday at 7 p.m. at the Forum.

● METRO

Als limp into playoffs

► Defending champs end season with three straight losses, letting Bombers take top spot

Suddenly, the road back to the Grey Cup is a more perilous one for the Montreal Alouettes.

The Alouettes begin defence of their CFL title Sunday when they host the Hamilton Tiger-Cats in the East Division semifinal. While Montreal has a number of battle-tested veterans, the club heads into the playoffs having lost three straight games.

The latest defeat was a lopsided 43-1 decision to the B.C. Lions in a game the two-time defending champions needed to win

in order to clinch top spot in the division.

Instead, that honour went to the Winnipeg Blue Bombers, who finished the season tied with Montreal with a 10-8 record but took top spot after winning the season series.

B.C. cemented first in the West Division with its win over Montreal despite ending the season tied at 11-7 with Edmonton and Calgary. The Lions won the season series with both of the conference rivals.

Edmonton will host Calgary in the West Division

791

Passing yards for quarterback Drew Tate in Calgary's last three games. Calgary won all three games as Tate completed 63-of-96 passes for four TDs.

semifinal Sunday. The Lions and Bombers both earned the right to host their respective conference finals.

The key to success for Montreal is quarterback

Anthony Calvillo, who led the CFL in passing (5,251 yards) and touchdowns (32) while surrendering just eight interceptions. But Calvillo was just 47-of-97 passing for 642 yards with a touchdown and three interceptions in the Alouettes' final three regular-season games.

However, Montreal's late-season troubles weren't relegated to just Calvillo. Opponents outscored the Alouettes 101-53 in those three games.

Montreal split its season

series against Hamilton 2-2, with the home team winning each time. That should bode well for the Alouettes, who finished tied with Hamilton, B.C., and Edmonton for the top home mark at 6-3.

Another factor working in Montreal's favour is Hamilton's woeful 2-7 road record this season.

Calvillo was a central figure in all four games against Hamilton, passing for a combined 1,343 yards and seven TDs with no interceptions.

THE CANADIAN PRESS

NBA players face deadline to accept latest offer

Commissioner David Stern gave NBA players an offer and a deadline: Accept a chance to earn up to 51 per cent of basketball-related income by Wednesday or get ready for a deal that's a whole lot worse.

He wouldn't call it an ultimatum, but it sure didn't sit well with the union.

"The players will not be intimidated," attorney Jeffrey Kessler said early yesterday after eight hours of negotiations stretched late into the night. "They want to play, they want a season, but they are not going to sacrifice the future of all NBA players under these types of threats of intimidation. It's not happening on Derek Fisher's watch; it's not happening on Billy Hunter's watch; it's not happening on the watch of this executive committee."

THE ASSOCIATED PRESS

Huskies, Tigers win titles

It was a banner day for the Saint Mary's Huskies and Dalhousie Tigers soccer teams.

The Huskies won their second straight Atlantic University Sport men's championship yesterday and 13th in school history with a 6-0 blowout of the UPEI Panthers in Sydney.

Second-year striker Elvir Gigolaj scored four times, midfielder Derek Gaudet contributed a pair, and keeper Adam Miller had the shutout.

Saint Mary's advances to nationals from Nov. 10 to 13 in Victoria, B.C.

The Tigers, meanwhile, were successful on the women's side, taking their first title since 2001 and 11th all-time with a 2-0 win over UPEI in Fredericton, N.B.

Third-year midfielder Beth O'Reilly of Dartmouth scored both goals for Dalhousie and keeper Taryn McKenna recorded the shutout.

The Tigers head to nationals from Nov. 10 to 13 in Montreal.

METRO

"I guess the guys believed they were one of the top three seeds and were obviously pretty focused"

HUSKIES COACH

STEWART GALLOWAY



► Jarred Murphy, left, of the UPEI Panthers is tackled by Saint Mary's Huskies defender Rory Kennedy yesterday in Sydney.

Blues pull plug on coach

The St. Louis Blues fired head coach Davis Payne on Sunday and replaced him with Ken Hitchcock.

Hitchcock will finish the season with the Blues and is also signed on for the 2012-13 season as well.

St. Louis (6-7-0) is 13th in the Western Conference with 12 points.

Hitchcock has a record 534-350-88-70 through 1,042 NHL games with Dallas, Philadelphia and Columbus. He won a Stanley Cup with the Stars in 1999. THE ASSOCIATED PRESS

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4 Hedley - Invincible
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2 Bad Meets Evil ft Bruno Mars - Lighters
1 LMFAO - Sexy And I Know It
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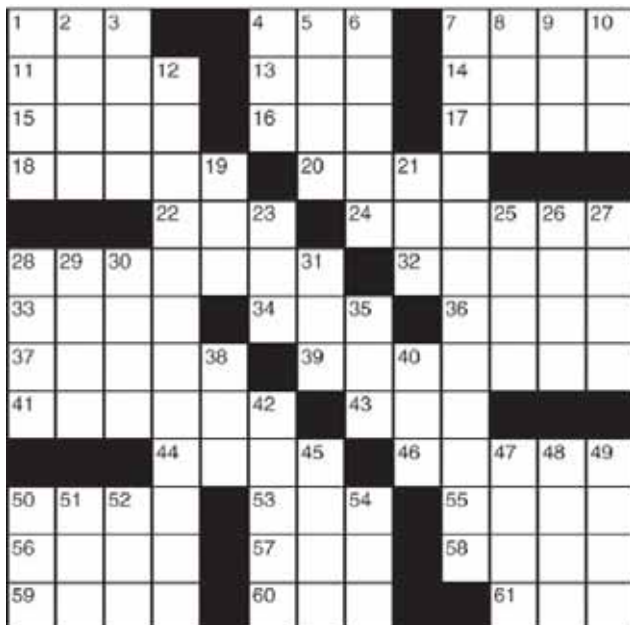
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Crossword

Across

- 1 Wrigley product
 - 4 Cleopatra's snake
 - 7 Highway
 - 11 From the start
 - 13 Zero
 - 14 Loosen
 - 15 Peru's capital
 - 16 Genetic evidence
 - 17 Gas in signs
 - 18 Coral ring
 - 20 Potter's oven
 - 22 Youngster
 - 24 Rid of frost
 - 28 Custodian
 - 32 Battery terminal
 - 33 Prayer ending
 - 34 Card player's call
 - 36 Stefani Germanotta, a.k.a. Lady —
 - 37 Neighbor of Leo and Libra
 - 39 Klutz
 - 41 Makes sense
 - 43 Chinese "way"
 - 44 Jog
 - 46 Peppermint —
 - 50 Bamako's country
 - 53 Knight's address
 - 55 Comical Caroline
 - 56 Grand story
 - 57 Anger
 - 58 Sketch
 - 59 Tech whiz
 - 60 Danson or Nugent
 - 61 Coffee vessel
- Down**
- 1 Big party
 - 2 Troop group
 - 3 Note
 - 4 Moreover
 - 5 Go under
 - 6 Tartan pattern
 - 7 Feature near the
 - 8 door of a really old car
 - 9 Commotion
 - 10 Get dressed in
 - 12 Cane
 - 19 Torched
 - 21 Meadow
 - 23 Pooch
 - 25 Furnace fuel
 - 26 Rim
 - 27 Darling
 - 28 Coffee, slangily
 - 29 Surrounded by
 - 30 Uncool sort
 - 31 Cage component
 - 35 Pecan or almond

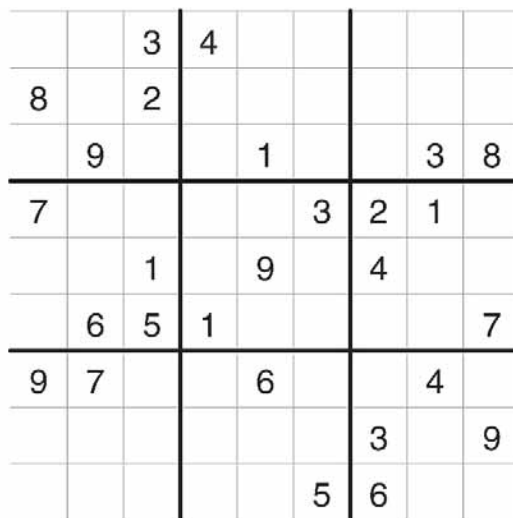


- 38 "— Town"
- 40 Atlas page
- 42 Suggest
- 45 Grow weary
- 47 By way of, for short
- 48 Rip
- 49 Show boredom
- 50 "Family Guy" daughter
- 51 Gorilla
- 52 Whopper
- 54 Crimson

► Yesterday's answer



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ►

7	9	6	3	5	1	8	2	4
1	2	3	8	6	4	9	5	7
8	4	5	2	7	9	1	3	6
5	3	2	6	8	7	4	1	9
6	1	9	4	2	3	7	8	5
4	8	7	9	1	5	3	6	2
9	5	4	1	3	6	2	7	8
3	6	8	7	4	2	5	9	1
2	7	1	5	9	8	6	4	3

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Jory

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lalala...

love ya, miss ya, kiss ya :) FR

Today's horoscope

♈ Aries March 21-April 20 There is every possibility that you will come up with an idea that could change your life today.

♉ Taurus April 21-May 21 Don't be scared to blow your own trumpet this coming week.

♊ Gemini May 22-June 21 If there is something important that you need to say then say it now.

♋ Cancer June 22-July 22 You will be much more confident about your ideas over the next few days.

♌ Leo July 23-Aug. 23 You need to be more open about your thoughts and feelings, especially if you are

the kind of Leo who likes to project an image of self-control.

♍ Virgo Aug. 24-Sept. 22 You will find it easy to win friends and influence people today.

♎ Libra Sept. 23-Oct. 23 You have been worrying about your money situation for no good reason.

♏ Scorpio Oct. 24-Nov. 22 Speak up and let employers and other important people know what you think about what's been going on, both in your work place and in the wider world.

♐ Sagittarius Nov. 23-Dec. 21 There is a time and a place for work and a time and a place for

For today's crossword answers and for expanded horoscopes, go to metronews.ca

play and the two should be kept as far apart as possible today.

♑ Capricorn Dec. 22-Jan. 20

Find something positive to say about everyone you meet.

♒ Aquarius Jan. 21-Feb. 18

No matter how difficult the challenges you have to face this coming week you will overcome them with ease.

♓ Pisces Feb. 19-March 20. Say what is on your mind, even at the risk of offending people.

• SALLY BROMPTON

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